Adding Independent Flex Hours and Trainings

Independent Flex hours and off-campus or online trainings you have attended that are not in ProLearning can be logged as External Trainings in ProLearning. Here's the steps to log these hours:

- Navigate to the Learning tab in ProLearning. Click on "My Transcript"
- Click on the 3 dots in the top right corner. Click on Add External Training and add details of your training. Tips: Ensure the start and end dates fall within the correct semester to get Flex credit for the correct semester. Ensure that the end date is **before** today or you will not be able to mark as completed.
- Mark the training as completed on your transcript and the training will move from your Active Transcript to your Completed Transcript.
- Allow 24 hours to see these hours count in ProLearning towards your total.

