



HOW CAN COM CARE HELP WITH BASIC NEEDS?

- > Personal/academic concerns
- Food access/housing access/community resources
- > Mental health support services
- > Technology access LIBRARY
- > Financial need



THE LINK BETWEEN HOUSING INSTABILITY, FOOD INSECURITY, HEALTH, AND MENTAL HEALTH

- Co-occurrence with food insecurity and depression, suicidal ideation, and substance use challenges among young adults (Pryor et.al., 2016).
- > Increasing concern of adverse mental health outcomes among individuals who experience food insecurity (Jones, 2019).
- > Students facing housing insecurity may have lower GPAs, poorer health, and higher rates of depression and anxiety than those who do not face these issues (Real College Survey, 2021).
- Possible preventative intervention to improve mental health outcomes among young adult college students is addressing food insecurity (Oh et al., 2022).
- Mental health issues are already present or could likely be ahead for many Americans during the ongoing economic challenges surrounding the COVID-19 pandemic (Burgard, 2022).



IMPLICATIONS FOR STUDENTS IN ACADEMIC SPACES

Academic Environment

- > Less energy
- > Inability to concentrate
- > Irritability
- Disengagement
- Increased sense of anxiety, depression and feelings of overwhelm
- > Feelings of isolation and hopelessness
- Manifestation of physical health challenges due to increased life stressors

Impact

- Missing class, assignment deadlines, late arrival or leaving early
- Decrease in response to instructor communications
- Not having required textbooks or course materials/supplies
- > Lower GPA
- Withdrawal from courses, drop out, or skipping semesters



CLASSROOM MANAGEMENT - WHAT CAN YOU DO?

Create Community Agreements Review/clarify expectations in your syllabus

Ask questions to get to know your students and for them to know each other.



CLASSROOM MANAGEMENT - WHAT CAN YOU DO?

- > Starting point: a student displays a change in behavior, expresses a need of technology, mental health support, food access, and/or supplies, inappropriate behavior, or is being disruptive in your class.
- > What to do: address the behavior head-on. Call that student aside for a private meeting (phone call, zoom meeting), name the concern or behavior and establish that you want to understand the students situation. If it is inappropriate behavior, clearly state this to the student and set expectations.
- > Ask the student what else is going on to cause the behavior.
- > Document conversations you have with students via a follow-up email to reinforce the conversation and create a paper trail.
- If it is disruptive behavior, and it persists after expectations have been set, you can ask the student to leave the classroom per AP 5520 "Student Discipline and Due Process." File a COM Care report if you take this action.
- > Refer to resources!

OBSERVED BEHAVIOR

ATTEMPT TO ADDRESS/REFER

SUBMIT COM CARE REPORT

ACADEMIC INTEGRITY

HTTPS://SS.MARIN.EDU/SITES/SS/FILES/ACADEMIC%20INTEGRITY%20RESPONSE%20GUIDE.PDF

Set clear expectations upfront. Discuss the following on the first day:

- > Define academic dishonesty in your class.
- Clearly explain the consequences for academic dishonesty in your class.
- > Invite students to come and speak to you if there is confusion about an assignment or how to prepare for an exam, including use of online platforms you may use to administer and exam.
- When a student violates the Board Policy 5500 "Standards of Student Conduct," which includes academic integrity, it needs to be addressed clearly and documented. Every instance should be documented through COM CARE.
- You <u>must</u> notify the student when you believe there is a violation of academic integrity. That notification needs to include:
 - The suspected violation
 - The consequence
 - The opportunity for the student to meet with you to discuss further.
 - The College will not take action on most instances of academic dishonesty until the <u>second</u> report is made.

It must be named.

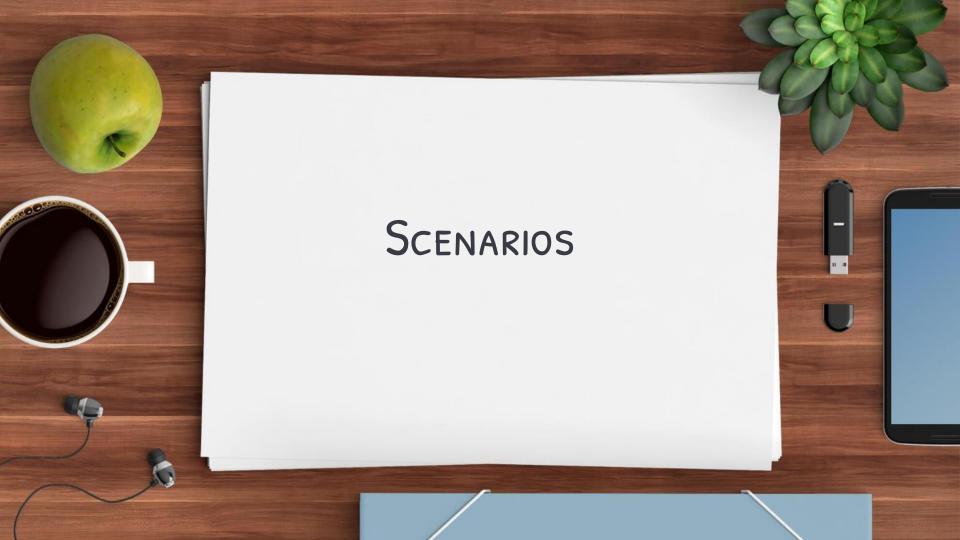


SUPPORTING THE WELL-BEING OF STUDENTS

- Integrate opportunities for discussion and learning around student well-being and basic needs supports.
- Work in consultation with campus offices/COM Care Team Student Activities and Advocacy, Psychological Services, Counseling, Student Accessibility Services, and any others that you believe would be helpful These services support the well-being of students through planning, therapy, consultation, access services, and reasonable accommodations.
- Embed language in your syllabus around supporting the well-being and accessibility needs of students (i.e., Basic Needs Syllabus; Accessibility Statement)
- Invite us to your class! Have support services flyers readily available at the entrance of your classroom if in person
- > Encourage student participation (provide extra credit?)

CONTACTS:

- > Psychological Services call 415-485-9350
- > Student Accessibility Services call 415-485-9406 or email sas@marin.edu
- > Student Conduct/Community Standards call 415-485-9509 or submit a COM Care report
- Basic Needs call 415-485-9401 or submit a COM Care report





- > COM Basic Needs web page: https://ss.marin.edu/basic-needs
- > Student Accessibility Services: (415) 485-9406, x7406 on-campus
- > Student Health Services: Open M-F. Check web for current hours.
- > COM Psychological Services: (415) 485-9350
- > Counseling Department: (415) 485-9432
- > COM Cupboard Food pantry and Weekly Distribution
 - Resumes the first week of classes.

Community Partners (refer to website for most updated information):

- *ALL community partners are back and providing virtual and in person support.
 - > Center for Domestic Peace (Interpersonal Violence) (415) 526-2557
 - > SF/Marin Food bank https://foodlocator.sfmfoodbank.org/ or 211.org
 - And so much more!: http://www1.marin.edu/support-services/students



BASIC NEEDS AND COM RESOURCES (CONTD.)

- The Library is lending Laptops and Hotspots for student use during the semesters they are enrolled. https://library.marin.edu/
- > COM Cupboard https://ss.marin.edu/comcupboard
- > Mental Health Support https://ss.marin.edu/counseling/psychological-services
- SparkPoint (Community Action Marin) Financial Readiness/Support https://camarin.org/



THANKS!

Any questions?

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